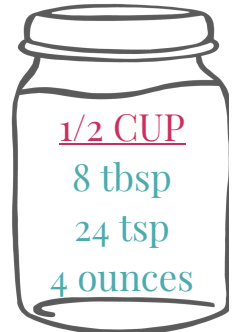
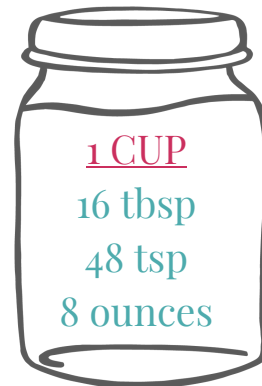
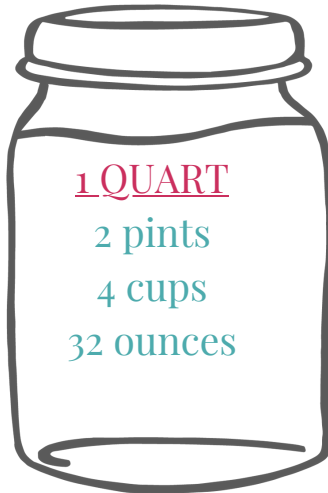


Kitchen Conversions



Volume

CUPS	TABLESPOONS	TEASPOONS	OUNCES	MILLILITERS
1 cup	16 tbsp.	48 tsp.	8 oz.	237 ml
3/4 cup	12 tbsp.	36 tsp.	6 oz.	177 ml
2/3 cup	10 & 2/3 tbsp	32 tsp.	5 oz.	158 ml
1/2 cup	8 tbsp.	24 tsp.	4 oz.	118 ml
1/3 cup	5 & 1/3 tbsp.	16 tsp.	3 oz.	79 ml
1/4 cup	4 tbsp	12 tsp.	2 oz.	59 ml
1/8 cup	2 tbsp.	6 tsp.	1 oz.	20 ml
1/16 cup	1 tbsp.	3 tsp.	1/2 oz.	15 ml



Temperature

FÄHRENHEIT (°F)

225	250	275	300	325	350	375	400	425	450	475
110	130	140	150	170	180	190	200	220	230	240

CELCTUS (°C)